

## Church Notice

To prevent spreading of “Coronavirus COVID-19” among our community:

- Anyone who have recently arrived UK from Asian countries for less than 14 days should stay at home for quarantine. If any signs or symptoms of “Coronavirus COVID-19”, please seek for proper medical health check or treatment as soon as possible. Any delay may endanger yourself and people around you.
- This applies to church members too. If any church members who have recently arrived UK for less than 14 days should stay at home for quarantine. They should come to church meetings only if they are clear of any signs or symptoms of “Coronavirus COVID-19” after 14 days of quarantine.
- Please do not invite people who have recently arrived UK for less than 14 days to church meetings.
- Anyone who have signs or symptoms of “Coronavirus COVID-19”, even they did not go to other countries recently, should go to seek proper medical check or treatment as soon as possible. They should come to church meetings only after clear of inflection risk.
- Pay attention to these signs or symptoms: fever or respiratory symptoms including coughing, sneezing, chest tightness, shortness of breath or sore throat or acutely unwell. People who have these signs or symptoms should call NHS 111 service for help or call 999 service in case of acute situations.
- Anyone who enter church area, please ensure good personal hygiene and keep church place clean. For examples,
  - Wash your hands with soap & water when you return from a public place and after using the toilet
  - Cover your mouth with tissues when you sneeze or cough. Then discard used tissues in waste bins
  - Avoid close contact with people (e.g. handshakes) with cold or flu-like symptoms

Further information is available from

<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>